

## **Psychology of Adult Development and Aging PSYT 1341/GERS 1343**

**Description:** A scientific study of a lifelong process of development with specific focus on the physical, cognitive, and psychosocial aspects of adult development and aging.

**Outcomes:** The students will be able to analyze the field of adult development and aging including basic concepts, developmental principles and influences on the course of development; identify theories of aging and research methods; identify trends in longevity and predictions of individual life expectancy; describe aspects of health and changes in body systems due to aging; describe cognitive development including memory, intelligence, creativity, mature thought, wisdom and moral intelligence; articulate social factors such as education, work, retirement, leisure that impact adult development; discuss personality development including mental health and coping skills in response to aging; survey changing perspectives in the area of death and dying, ways people deal with facing their own death, and relevant controversial social issues.