

Practical Eldercare Skills

Description: Practical Eldercare Skills prepares students with health management and hands-on skills to become caregivers and/or assist home caregivers of elderly people with health problems.

Outcomes: Students will be able to identify responsibilities and resources for caregivers, home safety solutions, pertinent health, financial, insurance, and legal information. Students will be trained to safely assist elders with mobility problems, medications, emergencies and basic physical care.